

THINK ON THESE THINGS.....

Reading: Psalm 17:6 - 8

I call on you, my God, for you will answer me; turn your ear to me and hear my prayer.

7 Show me the wonders of your great love, you who save by your right hand those who take refuge in you from their foes.

8 Keep me as the apple of your eye; hide me in the shadow of your wings

## Reflection:

One of the strangest things about having to cope with the easing of the lockdown restrictions is starting to do many of the things that just over 4 months ago were second nature. We've all been trained over the past weeks and months to do things differently, and despite some initial misgivings, on the whole we appear to have managed quite well.

In a few days time we will have to get used to another regulation, that of the compulsory wearing of masks when we go shopping. Now I know that some folk have become quite used to this phenomena – my daughter Bethan has to wear one when she gets on the train to and from work every day, and then again in certain situations whilst at work as well.

We know that for those in the medical and caring professions, wearing a mask is pretty much second nature, but for the majority it certainly is going to take some getting used to!

Towards the beginning of lockdown a number of professional photographers set about the task of taking pictures of people wearing masks, and asked them to smile as you would normally do for a photo. Many would say – "how silly – how can you possibly see someone's smile through a mask?" The photographers response? "Look at the eyes!"

So, when you go out shopping on Friday 24th, as you don your mask before entering the aisles in your favourite supermarket, there is guaranteed going to be someone you meet who may need a sign that will make their day. So don't forget to smile – they'll see it in your eyes!

**Breath-Prayer for Today:** Thank you, God, for loving me and using me, sometimes in the most unusual ways, to bring your comforting presence into someone's life.