

THINK ON THESE THINGS.....

Reading: Psalm 46:10,11

10 He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."
11 The Lord Almighty is with us; the God of Jacob is our fortress.

## Reflection:

The psalms have a wonderful way of putting into words what we are feeling. Whether it be joy and elation or pain and suffering, the psalmist always finds a way to bring hope and comfort in difficult times.

In his little book "For such a time as this", the writer Nick Fawcett has put together prayers and reflections for the church as it faces the impact of this pandemic. Nick is a gifted and prolific writer, and, like the psalmist, has a wonderful way of putting into words what so many of us are feeling right now.

This is one of his prayers:

We thought we were in charge of our destiny, Lord; that we had all the answers, all the solutions to our problems, nothing being beyond our wit to solve. And no doubt in time we will beat this virus, as we have beaten many others, human ingenuity triumphing again over adversity.

But this crisis of recent months has reminded us that we're not quite so much in control as we like to imagine; that life is less secure, less certain than we sometimes think, and that much of what we take for granted can be swept away in an instant.

Help us to recognize our limitations as well as our achievements, our vulnerability as well as our strengths, and may we find in you one whose promises endure beyond the changes and chances of this fleeting world, enfolding us, and all things, in your eternal, unchanging love.

**Breath-prayer for today:** Lord God, as we wait patiently, give each one a sense of your presence, as in those quiet moments we can know that you are God, and that all will be well.